Red White and Blue

*One of my favorite edible sensory bins is using red and blue Jell-o along with whipping cream. Line the materials up in stripes for an appealing look. You can also use any type of colorful food, watermelon pieces, strawberries, blueberries, raspberries, etc.

*Add food coloring to cooked pasta or dried rice. Use plastic bags for mixing the food coloring into the materials. It makes for easy clean up. Use the rice or pasta in a sensory bin with scoops, funnels and tongs.

*Count the American flags on your next neighborhood walk.

*Learn about the history of our country.

*Tear up pieces of red and blue construction paper. Glue them on a piece of white paper creating your own American flag.

*Make star shaped cookies.

*Stamp paint with a star cookie cutter.

*Learn the Pledge of Allegiance.



to the flag of the United States of America and to the Republic for which it stands, one Nation *under God*, indivisible, with liberty and justice for all.

Today's Moments are Tomorrow's Traditions

Ask not what your country can do for you, but what you can do for your country. ~President John F. Kennedy

Mary Rose